



The LHI-5k is open to everyone!!
Look for more information & register at
LiveHealthyIowa5K.org.

 Live Healthy **IOWA**
5K
APRIL 8, 2017

- BONDURANT
- BRITT
- CARROLL
- DECORAH
- DEWITT
- DIKE
- FAIRFIELD
- GRINNELL
- HIAWATHA
- MONTROSE**
- ONAWA
- OSAGE
- PERRY
- RED OAK
- SIBLEY
- SIOUX CITY
- SPENCER
- STORY CITY
- WAUKEE



5K RUN/WALK • 8 AM 1K KID'S RUN • 9 AM

T-shirt • Race Number • Finisher Medal
Post-Race Refreshments • Prizes

REGISTER TODAY
LiveHealthy **IOWA 5K**.org 888.777.8881
info@livehealthyiowa.org   